

St. Andrew's United Church...Highlights from 2016

Thank you for making it all possible!

- Over 2000 Sandwiches made and delivered to First United in Downtown Eastside
- Over 800 pounds of food staples collected for Syrian refugee families
- Weekly worship and reflection in our busy world
- 220 Healing Pathway treatments www.healingpathway.ca and teaching in Guatemala
- Sponsoring SHARE Christmas Hamper
- Sponsoring Plan International Family
- Weekly spiritual practice of Centering Prayer
www.contemplativeoutreach.org quotes from participants:
"I tried meditation in the past and found it frustrating...Centering Prayer is more gentle and there is no pressure to do it right."
"...slowing down my mind actually helps me think better..."
- Beyond Soup & Socks workshop to advocate for sustainable affordable housing
- Support 3030 Gordon Ave. Shelter by delivering bread donations, working and sorting clothing in the donation room, supply of welcome packs for people moving into transitional housing.
- Meeting space for several *12 Step Recovery* groups, recovery for hundreds of people
- Meeting space for *Meals on Wheels*, served 8000 meals in the Tri-City area

*Together we can... your financial donations make our ministry possible.
Together we can...be a place of worship and reflection in our busy world.
Together we can...be a community of support and inspiration for living God's way of peace and justice for all people.*

Donations over \$20.00 receive income tax receipt.